



Mental Health & Recovery Board

of Clark, Greene & Madison Counties

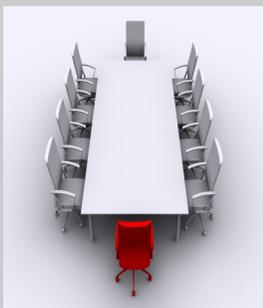
Help for Today. Hope for Tomorrow.



Dr. Kent Youngman, CEO

Board Members:

- Roger Roberts, Chairperson
- James Vernon, Vice Chair
- Delvin Harshaw, Secretary
- Scott Anger
- Julie Anthony
- Jason Barlow
- Alexia Callahan
- Linda Griffith, MD
- Ben Harrison
- James Hutchins
- Kimberly Michael
- Kellie Phillips
- Beverly Quinn
- Lauren Ross



MHRB...

Providing Help for Today and Hope for Tomorrow throughout Clark, Greene and Madison Counties

The primary role of the Mental Health & Recovery Board (MHRB) of Clark, Greene and Madison Counties is to plan, fund and monitor services for people with serious and persistent mental illness and alcohol and other drug addictions throughout the three county area. In addition, the MHRB educates, advocates, coordinates and facilitates county-wide mental health and addiction recovery services.

Helping Those with Mental Illness and Addictions

The MHRB is responsible for the treatment and care of individuals with severe and persistent mental illness and chronic addictions. It is the responsibility of the MHRB to assess the needs of these individuals and plan for a system of care that can meet their needs. This includes providing mental health and alcohol/drug treatment services and medication. The MHRB contracts with partner agencies to provide treatment services and medication ranging from outpatient counseling to intensive treatment, including hospitalization.

The MHRB does not provide services directly to clients. Prevention and treatment services are purchased by the MHRB from 21 partner agencies. The Board provides oversight for these partners to ensure the services needed to fulfill its mission are available, accessible, appropriate and acceptable. The MHRB con-

tracts with the partner agencies for services to be delivered at a specific level and intensity. In many cases partner agencies operate in MHRB-owned facilities.

Housing Services for the At-Risk

Many people with severe and persistent mental illness and addiction problems are unable to achieve the kind of income it takes to maintain even basic housing. Some individuals are able to live independently with support while others may need to live for periods of time in supervised living situations.

The MHRB makes sure that both those with a mental illness and an addiction to alcohol or other drugs have the level of housing support most likely to re-engage them in a wellness program. The MHRB works with local authorities as well as state and federal initiatives to make sure that housing is available for those with chronic behavioral health problems.

Psychiatric Intervention

When a person needs an intense level of care requiring hospitalization, the MHRB has in place contracts with local private hospitals as well as the state for psychiatric hospitalization. The MHRB carefully monitors the status of the individual with the goal of a successful return to community living.

A Wide Range of Services

Each year, a variety of mental health – and substance abuse-related issues affect a growing number of individuals throughout our three-county service area. The MHRB, through contracts with our partner agencies, purchases counseling, treatment, education programs and referrals for a wide range of issues, including:

- Domestic violence
- Child abuse
- Substance abuse prevention
- Wounded soldiers
- Post-Traumatic Stress Disorder (PTSD)
- Home and job losses
- Drug and alcohol recovery
- Suicide prevention
- Trauma victims
- Drug/alcohol dependency
- Sexual assault
- Profound depression
- Youth/teen struggles
- Addictions
- School failure
- Depression and isolation in older adults
- Severe and persistent mental illness

The History of MHRB

The Clark, Greene and Madison county MHRB is one of 50 mental health and recovery boards in Ohio created by state law. In 1988, the Ohio legislature passed the Mental Health Act. The act assigned responsibility of planning and funding a local system of mental health care to Boards, emphasizing local control and community care. Boards use local, state and federal funding to contract with providers, who directly provide services to consumers. The act also called for mental health consumers and their family members to serve on Boards, giving them a more powerful voice in decisions affecting their community's local system of care.

In 1989, Ohio created a Department of Alcohol and Drug Addiction Services (ODADAS). Dollars to fund a local system of alcohol and drug addiction services flow from ODADAS to Boards. Boards are responsible for planning, funding and evaluating a local system of care of residents with alcohol and other drug challenges.

In 1995, the Clark County Board and the Greene County Board merged. In 1997, Madison County joined the Clark and Greene County Boards to become the Mental Health & Recovery Board (MHRB) of Clark, Greene and Madison Counties. While the MHRB has federal and state mandates, and operates under legal requirements and responsibilities, the organization is directly responsible for designing and maintaining a system of care that meets local needs of all three counties.

The impact of the services MHRB provides individuals and the community is immeasurable. Since its inception, the MHRB has played a key role in enhancing the quality of life for all residents of Clark, Greene and Madison Counties.



In addition, the MHRB provides a long list of services designed to enhance the overall well-being of the community, as well as individuals dealing with the effects of mental health behaviors, drug and alcohol addictions and recovery. MHRB partner agency services include:

- 24-hour access to a mental health professional by phone
- Crisis and emergency services 7 days a week
- Psychiatrists and nurses for treatment of adults, children, and teens
- Medication services for serious mental illnesses, such as schizophrenia
- Mental health diagnosis and treatment for adults, children, and teens
- Access to hospitalization when appropriate for adults and youth
- Home-based treatment services for children and families
- Housing and vocational programs for persons with mental illness
- Treatment for alcohol and drug abuse for adults and teens
- Treatment for persons with mental illness combined with alcohol/drug addiction
- Mental health and alcohol/drug abuse prevention and education in schools and the community

To enhance these efforts, MHRB is responsible for:

- Collaboration and consultation with schools, law enforcement, other agencies about treatment for community members with mental health and recovery problems
- Ensuring services are available for adults, teens, and children with the severest mental illnesses and addictions
- Planning for the kinds of care residents need
- Contracting with local service providers creating a seamless system of care
- Funding services from local, state and federal sources
- Monitoring services for quality

Establishing Priority Status for the Community

Under Ohio law, the MHRB is required to identify and give priority status to populations identified at both the federal and state level each year as most vulnerable and, based on historical perspective, most in need of support. The following priority populations have been identified as being some of the highest at-risk groups:

Mental Health Priority Populations:

- Persons with a severe and persistent mental illness
- Children and youth with a serious emotional challenge

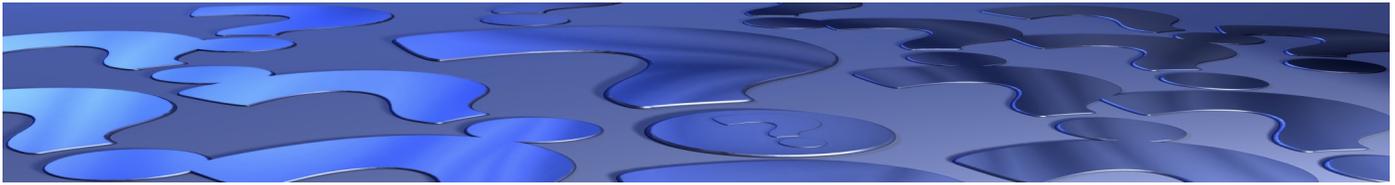
Alcohol and Drug Abuse Priority Populations:

- Women who are pregnant and addicted
- Parents, guardians or custodians of children assessed to be at imminent risk of being abused or neglected because of a drug or alcohol addiction of that parent, guardian, or custodian of the child

The MHRB also makes local priority service decisions based on an assessment of community needs. These assessments lead to funding and service delivery decisions that are more timely and responsive to community and individual and family needs.

The MHRB also works closely with courts, law enforcement, child protective services, county departments of job and family services, schools and other community organizations in each county. Through close coordination with other organizations, the MHRB insures costs are contained and people receive better service. As a result, everyone benefits.





MHRB FAQs: Frequently Asked Questions

How is MHRB organized?

The MHRB is made up of 18 individuals from the three county area. Four members each are appointed by the County Commissioners from Clark and Greene Counties and two from Madison County. Each member serves a four year term.

Four members are appointed by the Ohio Department of Mental Health (ODMH), and four members are appointed by the Ohio Department of Alcohol and Drug Addiction Services (ODADAS).

The MHRB represents a professional, knowledgeable and qualified membership. The Ohio Revised code specifies that the board will include, among others, a psychiatrist, a mental health professional, a person receiving (of having had previously received) services paid for by public funds, a professional in the field of alcohol or drug abuse services and an advocate for people receiving treatment for alcohol or drug addiction.

The Board is responsible for creating and maintaining the system that provides for the delivery of mental health and alcohol and drug addiction services at the local level for all citizens of Clark, Greene and Madison Counties through four key roles:

- **Educate:** MHRB is the key source of mental health and drug and alcohol addiction education in our three counties.
- **Advocate:** MHRB delivers a unified voice on matters regarding local, state and federal funding, as well as legislative and legal issues that affect agencies, clients and the community.
- **Coordinate:** MHRB is committed to offering its member agencies the highest degree of professional guidance, coupled with a mandate to maximize the effectiveness of programs through frequent collaboration and shared input.
- **Facilitate:** MHRB offers the community the ability to develop, evaluate and modify programs that meet the current and future mental health and addiction needs of individuals, businesses, schools and the workplace.

How is MHRB funded?

The MHRB is funded by a mix of federal, state and local dollars.

Local levy funds make up the majority of the MHRB revenue.

Annual allocations of dollars to partner agencies is determined by the MHRB based on available resources and local priorities.

How does the MHRB plan for services?

Spread over Clark, Greene and Madison Counties are 21 agencies that are under contract with the MHRB. Each county has a mix of services that addresses the needs of the priority populations from ODMH and ODADAS and is designed to be county specific. County needs vary and special consideration must be given when decisions are made to change funding, move dollars between agencies within a particular county and reevaluate local priorities.

Service planning for Clark, Greene and Madison Counties is a collaborative process that involves the MHRB and its contract agencies. Other community partners are included in the planning process, such as child protective agencies, juvenile and adult justice systems, developmental disabilities boards, county departments of jobs and family services, and county Family and Children First Councils. This is particularly true when planning for services for children and youth with serious emotional challenges. Frequently, these young people are involved with multiple social service systems. Optimal planning occurs when all of these parties are at the table.

MHRB Core Beliefs

- Mental illness and addiction are illnesses that touch everyone they contact.
- Treatment works. Recovery is possible and life saving.
- People are best served when they participate actively in their treatment and recovery.



Letter to the Community...



Mental Health & Recovery Board
of Clark, Greene & Madison Counties

1055 E. High Street
Springfield, Ohio 45505

Phone: 937-322-0648

Toll Free: 800-435-7968

Fax: 937-322-7631

Secure Fax: 937-322-0007

Help for Today. Hope for Tomorrow.

www.mhrb.org

MHRB...At a Glance

With 21 member agencies throughout the three-county area, the Mental Health & Recovery Board is well positioned to provide all citizens of Clark, Greene and Madison Counties convenient access to the mental health, alcohol and other drug addiction treatment, prevention and support services they need. MHRB and its member agencies are committed to providing the community with the highest quality of care.

It's been said that the measure of a community is the manner in which it cares for its most vulnerable citizens. Indifference is not an option. We all share in the responsibility to provide help and hope when our citizens need it.

Serious mental health and substance abuse problems can destroy dreams and lives. For more than thirty years, the MHRB has provided a critical leadership role in the development, management and coordination of behavioral health initiatives designed to improve the availability and effectiveness of treatment and prevention services in our region. Primarily, this includes mental health services for the three county area. These services grow even more important everyday as the financial and emotional pressures of the shifting economy weigh on individuals.

According to the National Institute of Mental Health and estimated 26.2% of Americans ages 18 and older—about one in four adults—suffer from a diagnosable mental disorder in a given year while about 6% suffer from a serious mental illness.

The residents of Clark, Greene and Madison Counties are fortunate to have both supportive communities and a dedicated, professional, and compassionate team of caregivers and administrators serving the needs of over 16,000 of our friends and neighbors. This dedicated team serves the behavioral health needs of all ages—children, adults, and senior citizens—regardless of income or ability to pay.

MHRB funding comes from local, state and federal sources in addition to various grants. Through contractual agreements, the MHRB provides funds to 21 agencies and governmental organizations to deliver behavioral mental health treatment and prevention services. Approximately 70% of the available MHRB funding is generated through local property taxes. Without these flexible, locally generated dollars, we would not be able to provide the services our counties have come to rely on, such as detoxification programs, services to special needs populations like the elderly, housing supports to help individuals with mental illness live safely in the community and other vital programs.

Local funding has become increasingly more important as community-based services have replaced state institutions, state funding has been reduced, and the demand for locally accessible services has increased. Without local community levy support, many people would no longer be able to get the help they need.

Without a doubt, the measure of care the MHRB provides our most at-risk citizens, with strong community support, is very high. With ongoing support, the MHRB will continue our vision of assuring access to quality behavioral health services.

Dr. Kent Youngman
President/CEO
Mental Health & Recovery Board of Clark, Greene and Madison Counties

MHRB Partner Agencies

CLARK COUNTY

Clark County Educational Service Center
25 W. Pleasant Street
Springfield, OH 45506
Phone: (937) 325-7671
www.clarkesc.org

Clark County Family & Children First Council
1345 Lagonda Avenue
Springfield, OH 45501
Phone: (937) 327-1991
www.clarkfamilyfirst.org

United Senior Services
101 S. Fountain Avenue
Springfield, OH 45501
Phone: (937) 323-4948
www.unitedseniorservices.org

Matt Talbot House
809 S. Limestone Street
Springfield, OH 45506
Phone: (937) 322-0872

McKinley Hall, Inc.
1101 East High Street
Springfield, OH 45505
Phone: (937) 328-5300
www.mckinleyhall.org

Mental Health Services for Clark and Madison Counties, Inc.
1345 N. Fountain Blvd.
Springfield, OH 45504
Phone: (937) 399-9500
www.mhsc.com

National Alliance on Mental Illness (NAMI) of Clark and Greene Counties
222 East Street
Springfield, OH 45505
Phone: (937) 322-5600
www.mhrb.org/nami

Oesterlen Services for Youth
1918 Mechanicsburg Road
Springfield, OH 45503
Phone: (937) 399-6101
www.oesterlen.org

Project Woman
1316 East High Street
Springfield, OH 45505
Phone: (937) 328-5308
www.projectwomanohio.org

Rocking Horse Center
651 S. Limestone Street
Springfield, OH 45505
Phone: (937) 324-1111
www.rockinghorsecenter.org

Springfield Metropolitan Housing Authority
101 W. High Street
Springfield, OH 45502
Phone: (937) 323-2150

GREENE COUNTY

Family Violence Prevention Center of Greene County
380 Bellbrook Avenue
Xenia, OH 45385
Phone: (937) 376-8526
www.violencefreefutures.org

Greene County Educational Service Center
360 E. Enon Road
Yellow Springs, OH 45387
Phone: (937) 767-1303
www.greeneesc.org

Greene County Family & Children First Council
158 E. Main Street
Xenia, OH 45385
Phone: (937) 562-5600
www.co.greene.oh.us/fcfd/default.asp

Greene County Juvenile Court
2100 Greene Way Blvd.
Xenia, OH 45385
Phone: (937) 562-4000
www.co.greene.oh.us/JUV/

Greene Leaf Therapeutic Community
45 N. Detroit Street
Xenia, OH 45385
Phone: (937) 562-5084
www.co.greene.oh.us/APD/gltc.htm

Housing Solutions of Greene County, Inc.
335 E. Market Street
Xenia, OH 45385
Phone: (937) 376-7810
www.hsgreenecc.org

TCN Behavioral Health Services, Inc.
Xenia location:
452 W. Market Street
Xenia, OH 45385
Phone: (937) 376-8700
www.tcn-bhs.org

Fairborn location:
600 E. Dayton Yellow Springs Road
Fairborn, OH 45324
Phone: (937) 879-3400
www.tcn-bhs.org

Family Solutions Center
287 Cincinnati Avenue
Xenia, OH 45385
Phone: (937) 427-3837
www.tcn-bhs.org

Women's Recovery Center
515 Martin Drive
Xenia, OH 45385
Phone: (937) 352-2900
www.khnetwork.org/wrc/

MADISON COUNTY

Madison County Family Council
200 Midway Street
London, OH 43140
Phone: (740) 852-5343
www.co.madison.oh.us/667/index.html

Mental Health/Alcohol & Drug Services for Madison County
210 N. Main Street
London, OH 43140
Phone: (740) 852-6256
www.mhsc.com