

Partners in Recovery

Volume 6, Issue 2

April 2016

Mental Health & Recovery Board News for Clark, Greene and Madison Counties ■ *Help for Today. Hope for Tomorrow.*

In This Issue...

MHRB 2015 Fiscal Year Annual Report	2
MHRB Partner Agencies Listing...	3
Greta's Question & Answer.....	4
MHRB Staff Changes.....	4

Be Sure to Save the List of MHRB Partner Agencies on Page 3



24-HOUR CRISIS HOTLINES

CLARK COUNTY
Mental Health Services
(937) 399-9500

GREENE COUNTY
TCN Behavioral Health Services, Inc.
(937) 376-8701

MADISON COUNTY
Mental Health Services for Madison County
(740) 852-6256

Ohio's Behavioral Health Redesign

The changing season from winter to spring brings with it warmer, sunnier days; greener gardens; and more fun outdoor activities. Spring also brings unpredictable weather and rainy days. All change brings both challenges and opportunities. To cope with uncertain times and to be as prepared as possible, it's helpful to find support, gather information, and ask questions.

Behavioral Health Redesign is heating up in Ohio which brings major change to our system of care for people with addiction and mental illness. This statewide initiative is led by the Ohio Departments of Medicaid, Mental Health and Addiction Services, and Governor's Office of Health Transformation. The goal of this initiative is to rebuild Ohio's community behavioral health system capacity without additional funding. For the most up-to-date information, please visit:

<http://bh.medicaid.ohio.gov/>

All of these changes affect clients and families; providers who deliver the services; and Boards who plan, fund, and monitor the services within our three county region. Medicaid is being redesigned to include new services and change existing ones,

create new benefits for those who have severe and persistent mental illness, and develop a new payment system for episodes of care. For professionals who provide counseling, case management, and medication, there are new Medicaid billing rules for services. Boards must ensure that certain services for people with addiction are available within our local communities.

Two Administrative Rules impacting all prevention services funded by public dollars took effect April 1, 2016. The first rule updated the prevention description and who can deliver services; the second change described a new agency certification process. You can access information on the webinars at:

<http://mha.ohio.gov/Default.aspx?tabid=743>

The impact of Behavioral Health Redesign will continue to unfold this year and beyond. Despite these changes, the MHRB will continue to be focused on all of our residents and mindful of our MHRB mission to grow support for an effective mental health, alcohol and other drug treatment and prevention system.

The timeline for implementation of the various phases of the redesign can be found at the following link:

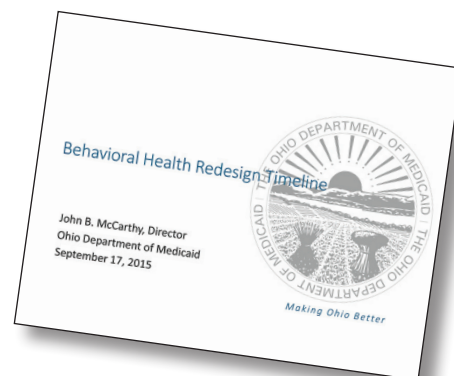
<http://www.jmoc.state.oh.us/Assets/documents/TimelineUpdate-McCarthy.pdf>

Ohio

Department of Medicaid

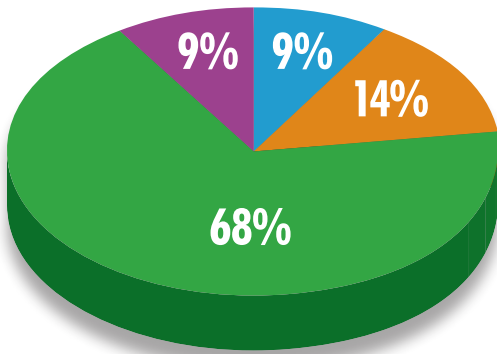
Mental Health and
Addiction Services

Governor's Office of
Health Transformation



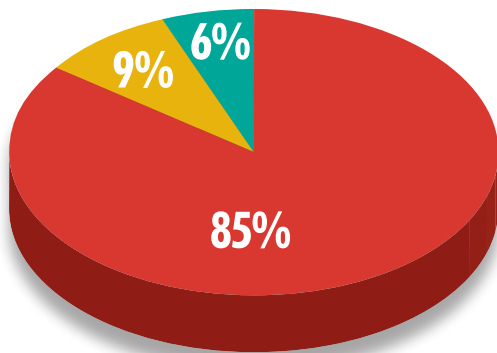
MHRB Fiscal Year 2015 Annual Report

Total Board Funding



- Federal: \$1,331,461
- State: \$2,043,470
- Levy: \$9,977,502
- Grants/Other Local: \$1,390,694

Total Board Expenses



- Treatment & Prevention: \$12,448,810
- Administration: \$1,365,167
- Property Management: \$929,150

FY 2015 Annual Report Data* (in dollars)

FUNDING SOURCE	CLARK	GREENE	MADISON	TOTAL
Federal	650,082	558,164	123,215	1,331,461
State	842,253	932,091	269,126	2,043,470
Levy	4,975,620	4,489,660	512,222	9,977,502
Grants/Other Local	903,382	483,747	3,565	1,390,694
TOTAL	7,371,338	6,463,661	908,128	14,743,127

EXPENSES	CLARK	GREENE	MADISON	TOTAL
Treatment & Prevention	6,207,576	5,403,223	838,011	12,448,811
Administration	753,999	541,051	70,116	1,365,166
Property Management	409,763	519,387	—	929,151
TOTAL	7,371,338	6,463,661	908,128	14,743,127

*NOTE: There is a slight variance in numbers due to rounding

Highlights

July 2014 – June 2015

ACROSS THE REGION:

- Recovery Supports Work Groups
- Nova Behavioral Health Detox Partnership
- Mental Health First Aid Training
- Recovery Oriented Systems of Care (ROSC) Training
- Suicide and Substance Abuse Coalition Outreach

BY THE NUMBERS:

PREVENTION:

- 16,771 young people under the age of 18 and 10,604 adults received prevention services.

TREATMENT:

- 797 youth and 4,726 adults received treatment services.
- 538 individuals received residential treatment services.
- 86 individuals received inpatient hospital services.
- 52 youth and 241 adults received crisis intervention.
- 299 incarcerated individuals received services to transition back into the community.
- 361 individuals received Medication Assisted Treatment services.

RECOVERY:

- 15 peer support specialist were trained.
- 433 individuals received employment services.

BY THE COUNTY:

CLARK...

- De-escalation Training for Warming Center Staff
- McKinley Hall Capital Project
- Cedar Street Collaborative Housing Project

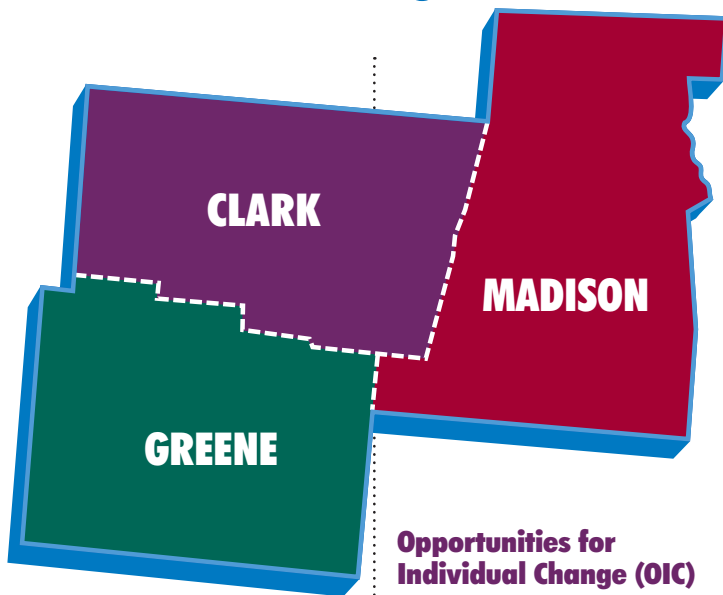
GREENE...

- Columbus Place Housing Grand Opening
- Wright State University Opiate Work Group
- Serbian Initiative with Friendship Force

MADISON...

- Jonathan Alder School Partnership
- Awareness Rally
- Successful Renewal Levy Campaign

MHRB Partner Agencies



CLARK COUNTY

Clark County Family & Children First Council

1345 Lagonda Avenue
P.O. Box 967A
Springfield, OH 45501
Phone: (937) 327-1991
www.clarkfamilyfirst.org

Matt Talbot House

809 South Limestone Street
Springfield, OH 45505
Phone: (937) 322-0872

McKinley Hall, Inc.

1101 East High Street
Springfield, Ohio 45505
Phone: (937) 328-5300
www.mckinleyhall.org

Mental Health Services for Clark and Madison Counties, Inc.

474 North Yellow Springs Street
Springfield, Ohio 45504
Phone: (937) 399-9500
www.mhsc.org

Oesterlen Services for Youth

1918 Mechanicsburg Road
Springfield, Ohio 45503
Phone: (937) 399-6101
www.oesterlen.org

Opportunities for Individual Change (OIC)

10 South Yellow Springs Street
Springfield, Ohio 45506
Phone: (937) 323-6461
www.oicofclarkco.org

Project Woman

1316 East High Street
Springfield, Ohio 45505
Phone: (937) 328-5308
www.projectwomanohio.org

Springfield Metropolitan Housing Authority

101 West High Street
Springfield, Ohio 45502
Phone: (937) 323-2150
www.ci.springfield.oh.us

United Senior Services

101 South Fountain Avenue
Springfield, Ohio 45502
Phone: (937) 323-4948
www.unitedseniorservices.org

Wellspring

15 East Pleasant Street
Springfield, Ohio 45506
Phone: (937) 325-5564
www.wellspringfield.org

GREENE COUNTY

Family Violence Prevention Center of Greene County

380 Bellbrook Avenue
Xenia, Ohio 45385
Phone: (937) 376-8526
www.violencefreefutures.org

Greene County Educational Service Center

360 East Enon Road
Yellow Springs, OH 45387
Phone: (937) 767-1303
www.greeneesc.org

Greene County Family & Children First Council

158 East Main Street
Xenia, Ohio 45385
Phone: (937) 562-5600
www.co.greene.oh.us/fcf/default.asp

Greene County Juvenile Court

2100 Greene Way Boulevard
Xenia, Ohio 45385
Phone: (937) 562-4000
www.co.greene.oh.us/JUV/

Greene Leaf

45 North Detroit Street
Xenia, Ohio 45385
(937) 562-5084
www.co.greene.oh.us/APD/gltc.htm

Housing Solutions of Greene County, Inc.

335 East Market Street
Xenia, Ohio 45385
Phone: (937) 376-7810
www.hsgreeneeco.org

TCN Behavioral Health Services, Inc.

Xenia Location:
452 West Market Street
Xenia, Ohio 45385
Phone: (937) 376-8700
www.tcn-bhs.org
Fairborn Location:
600 E. Dayton Yellow Springs Road
Fairborn, OH 45324
Phone: (937) 879-3400
www.tcn-bhs.org

Family Solution Center:

287 Cincinnati Avenue
Xenia, OH 45385
Phone: (937) 427-3837
www.tcn-bhs.org

Women's Recovery Center

515 Martin Drive
Xenia, OH 45385
Phone: (937) 352-2900
www.khnetwork.org/wrc

MADISON COUNTY

Madison County Family Council

200 Midway Street
P.O. Box 624
London, Ohio 43140
Phone: (740) 852-5343
www.co.madison.oh.us/667/index.html

Mental Health Services for Madison County

210 North Main Street
London, Ohio 43140
Phone: (740) 852-6256
www.mhsmc.org

REGIONAL COMMUNITY RESOURCES AND SUPPORTS

National Alliance on Mental Illness (NAMI)

222 East Street
Springfield, Ohio 45505
Phone: (937) 322-5600
www.namincgm.org

Depression and Suicide Prevention Coalitions

Visit www.mhrb.org for meeting locations and times.

Substance Abuse Prevention and Treatment Coalitions

Visit www.mhrb.org for meeting locations and times.

London Recovery Project

60 South Walnut Street
London, Ohio 43140
www.facebook.com/LONDONRECOVERYPROJECT

Many Pathways

403 Selma Avenue
Springfield, OH 45505
Phone: (937) 717-9639
www.facebook.com/manypathwaysclubhouse

The Hope Spot

335 East Market Street
Xenia, Ohio 45385
(937) 352-6367
www.facebook.com/thehopespotofgreenecounty

Greta's Question & Answer

A Few Facts About Opioids

Q: What are opioids?

A: Opioids include illicit drugs like heroin and prescription medications used to treat pain such as morphine, codeine, methadone, oxycodone, hydrocodone, fentanyl, hydromorphone, and buprenorphine.



Dr. Greta Mayer
CEO of MHRB

Q: How do opioids work?

A: Opioids work by "binding" to receptors in the brain, spinal cord, and gastrointestinal tract which minimizes the body's perception of pain. Stimulating the opioid receptors in the brain can also trigger a response in other systems of the body that regulate mood, breathing, and blood pressure.

When a person takes an opioid, a number of effects are possible: pleasure, nausea, allergic reaction, and overdose.

Q: How does overdose occur?

A: Overdose can occur when a person deliberately misuses a prescription opioid or illicit drug like heroin. It can happen when a person takes the prescription as directed but the prescriber miscalculates the dose or other errors are made.

Q: Who is at risk for overdose?

A: Anyone who uses opioids for managing pain related to chronic illness is at risk as are those who use heroin.

Others at risk include people who are:

- discharged from emergency care following opioid intoxication or poisoning;
- taking prescribed pain medication and have a substance use disorder, or using prescription or illicit opioid for nonmedical purposes;
- following an opioid detoxification or a period of abstinence from opioid use;

The Mental Health & Recovery Board of Clark, Greene and Madison Counties supports a system for delivering effective mental health, alcohol and other drug treatment, prevention, education and advocacy for its residents.



Mental Health & Recovery Board
of Clark, Greene & Madison Counties

1055 East High Street • Springfield, OH 45505
Phone: (937) 322-0648 • Fax: (937) 322-7631

Website: www.mhrb.org
www.facebook.com/mentalhealthrecoveryboard

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- released from incarceration who have a history of opioid use disorder and have a reduced tolerance to opioid use.

Q: How big is the opioid problem?

A: Opioid overdose is a major public health problem in the United States. Accidental overdose deaths involving prescription opioids increased to 19,000 in 2014 which is three times the number in 2001. According to the Centers for Disease Control and Prevention data, 259 million prescriptions for pain medication were written in 2012 which is enough for each American adult to have a bottle of pills.

**Call 911 if you suspect
a family member or friend
is experiencing
opioid overdose**

Reference(s) Substance Abuse and Mental Health Services Administration. SAMHSA Opioid Overdose Prevention Toolkit.

HHS Publication No. (SMA) 16-4742, Rockville, MD: Substance Abuse and Mental Health Services Administration, 2016.

MHRB Staff Changes

We are pleased to announce that **Michelle Humphrey** has been promoted to Administrative & Human Resources Manager.



Michelle Humphrey

Adriane Miller has accepted the Assistant Director of Programs & Evaluation position and will begin with MHRB on April 25th.