



**MINUTES – October 17, 2016**

*The Mental Health & Recovery Board of Clark, Greene and Madison Counties (MHRB) met in regular session on Monday, October 17, 2016 at 6:00 p.m. at Clark State Community College, LRC Room 207, 570 E. Leffel Lane, Springfield, Ohio.*

**PRESENT:** *Lauren Ross, Chairperson, Presiding; Scott Anger, Julie Anthony, Lexie Boblitt, Heather Corbin, Marilyn Demma, Dr. Linda Griffith, Dr. Joseph Keferl, Kim Michael, Kellie Phillips, Roger Roberts, Patrick Williams*

*Staff: Dr. Greta Mayer, CEO; Dr. Tammy Collins, Mark Huff, Michelle Humphrey, Adriane Miller, Tracey Stute*

**GUESTS:** *Dr. Dawn Anderson-Butcher – Ohio State University  
Shawn Heimlich – Jonathan Alder Local Schools  
Sgt. Douglas Pergram – Springfield Police Department*

**OPENING REMARKS**

*Lauren Ross, Chairperson, called the meeting to order and thanked everyone for coming. Lauren then invited the membership and audience to introduce themselves.*

**APPROVAL OF MINUTES**

*The Board Minutes for the September 19, 2016 MHRB meeting were reviewed.*

***IT was MOVED BY DR. LINDA GRIFFITH, SECONDED BY SCOTT ANGER TO APPROVE THE MINUTES FOR THE SEPTEMBER 19, 2016 BOARD MEETING AS SUBMITTED.***

***MOTION CARRIED.***

**REVIEW OF ACCOUNTS PAYABLE REGISTER**

*Lauren asked the Membership to review Attachment B, Accounts Payable Register. There were no comments.*

## CEO REPORT

Lauren called on Dr. Greta Mayer to give the CEO report. Greta began her report by stating that Crisis Intervention Team (CIT) Training is really about preparing communities to become a part of our recovery-oriented system of care. She then turned the meeting over to Tracey Stute who stated that CIT was held September 12-16, 2016 and that there were 34 total graduates. Tracey then introduced Sgt. David Douglas Pergram who was nominated as CIT Officer of the Year by Chief Stephen Moody. Tracey stated the Sgt. Pergram now presents at the training every year. Tracey then read a few words from Sgt. Pergram's nomination letter. Tracey asked Sgt. Pergram to speak about his professional and personal experiences since being trained as a CIT officer. He described a situation which occurred last August involving a male who was suicidal. He credited what he learned in the CIT training as helping him save this person's life. Sgt. Pergram stated that he was very happy to receive the award this year and appreciated the Chief's nomination. Scott Anger stated that he remembers Sgt. Pergram from the 2012 CIT class and stated that the story he tells is a very powerful piece of the training. Linda thanked him for having the courage to share his story. Dr. Joseph Keferl asked if the CIT curriculum included training on the use of Narcan, the stress that is related to that and also, the recent firestorm around race relations and trusting the police. Scott stated that post-traumatic stress disorder is addressed in the CIT curriculum. He stated that they are trying to train officers not to "suck it up," but to take care of themselves. Greta added that Tracey has expanded the addiction focus into the curriculum and has invited police officers to volunteer in the planning process to address these critical topics for next year's class.

Next, Greta introduced two guests, Dr. Dawn Anderson-Butcher from Ohio State University and Shawn Heimlich of Jonathan Alder Local Schools (JALS). Greta explained that this time last year, the Board approved funding for a special pilot project for JALS in Madison County. She stated that Dr. Anderson-Butcher and Mr. Heimlich here to discuss the outcome and report on what has happened under the guidance of Dr. Anderson-Butcher and the administration at JALS. Tracey thanked the membership for considering this innovative approach and explained that this project came occurred after two youth lives were lost to suicide at JALS. Dr. Anderson-Butcher and Mr. Heimlich then spoke about the project and explained the journey of addressing mental health stigma and student success in the JALS community. Greta also recognized Superintendent Gary Chapman for his vision and willingness to ask for assistance from community partners, including the MHRB. Wonderful partnerships continue to unfold as a result. Greta also stated that she is looking forward to the next steps and how this pilot project can be imported into other districts and communities. Linda said that she was glad that the presentation materials said "death by suicide" because the suicide coalitions and LOSS teams have worked hard to make sure the term "committed suicide" is dropped because it is archaic and is associated to when suicide was a crime.

Greta then moved on to the next item, Board Recruitment. Greta referred the membership to the attachment in their packet which named the Board members, showed each of their terms, and by which authority they were appointed. One vacancy in Greene County remains, in addition to several vacancies that will be occurring from this December through June 2017. Greta said that the Executive Committee will hold a more in-depth discussion about this in November and invited members to attend if they wished to join the discussion. She then asked the membership to let her know if they have ideas for potential recruits.

Last, Greta stated that there is a Bureau of Workers' Compensation (BWC) Summit on November 22, 2016 from 10:00 a.m. to 12:30 p.m. in Pickerington. Greta explained that the Summit resulted from Dr. Keferl questioning whether anyone is tracking what is going on with the BWC and the new opiate legislation/regulations such as the process for treating injured workers who may be addicted to opiates. Shortly thereafter, Dr. Griffith and Roger Roberts volunteered to participate and conference calls were held with BWC to better understand the new regulations. The November Summit will focus on bringing key partners from Clark County to meet with the heads of the BWC in person. Kellie Phillips indicated that she was interested in this meeting. They will be looking at prevention, medication assisted treatment and long-term supports needed.

That concluded the CEO report.

### ADMINISTRATIVE

Lauren called on Mark Huff to review the MHRB financials. Mark referred the membership to Attachment C in the agenda packet and first reviewed the Statement of Cash Position and Fund Balances as of September 30, 2016. This report is strictly on a cash basis with total cash receipts of \$5,852,928, total disbursements of \$4,287,237, for excess cash receipts over/(under) disbursements of \$1,565,691. Total other financial receipts/(disbursements) of \$0. Excess cash receipts over/(under) disbursements of \$1,565,691. Ending fund balance as of September 30, 2016 is \$13,093,689.

The next section was the SFY 2017 Statement of Receipts and Disbursements from July 1, 2016 through September 30, 2016 activity. The General Fund had an ending cash balance of \$2,403,232; special revenue had a balance of \$413,409; and fiduciary had a balance of \$215,072.

The next section Mark reviewed was the Budget to Actual – Administration Budget Summary for SFY 2017 activity through September 30, 2016. Total actual expenses were \$386,584 against the annual budget of \$1,565,735 for a 75% remaining balance.

The next section reviewed was Budget to Actual – Facility Summary for SFY 2017 activity. First quarter actual expenses were \$168,222 against the annual budget of \$881,547 for an 81% remaining balance.

The last section reviewed was the Cash Position (Actual and Projected) for period ending September 30, 2016. This report projects that by this time next year, the combined cash balance of the General and Special Revenue funds will be around \$10.5 million. Linda asked if that amount is what is generally recommended for a Board of this size. Mark stated that the cash reserve policy is two-and-a-half months and this report is an accrual-based report that is also cash based so, at that period of time, the balance is made up of liability or encumbrances associated with that balance. It is just a cash position balance, not what will be available.

That concluded the Administrative Report.

## **MENTAL HEALTH & ADDICTION SERVICES**

*Lauren called on Marilyn Demma, Presiding Committee Chair, to give the Program Committee report. Marilyn stated that the Program Committee met on Tuesday, October 4, 2016 at 5:30 p.m. at the Greene County ESC, 360 East Enon Road, Yellow Springs, Ohio.*

*Marilyn began by welcoming new Board member, Patrick Williams who was sworn in by Greene County Commissioner Bob Glaser. She stated that she appreciated the comments made by Commissioner Glaser following the swearing in. Marilyn felt that his comments reminded the membership of the importance of what the Board does, not dissimilar to what other members of our communities do as members of boards or commissions who advise elected officials.*

*Marilyn stated that Item II on the agenda, Peer Supporter Training, was presented by Adrienne Miller, Board staff. Adriane reported at the meeting that MHRB is sponsoring and coordinating with Ohio Mental Health and Addiction Services (OMHAS) to host a 40-hour training on 5 consecutive Saturdays to begin on October 22 at Antioch University McGregor in Yellow Springs. Marilyn stated that Commissioner Glaser made a recommendation that the Board increase and improve outreach to community members who lack understanding about addiction. She said that Tammy distributed upcoming Nov. 3 Greene Community Drug Forum flyers to the membership sponsored by the Coalition and other partners. This was one strategy to educate the community about the problem and invite them to become part of the solution.*

*Marilyn moved on to Item III, OACBHA State of the State, and described that Cheri Walter, CEO of the Ohio Association of County Behavioral Health Authorities (OACBHA) presented on the State of Ohio's Community Behavioral Health Redesign. She talked about how this might impact services in our local communities. Marilyn said that Cheri also gave some positive comments about the work that the MHRB is doing relative to the Peer Recovery Supporters and also the Culture of Quality peer certification that the Board has achieved.*

*Under Item IV, Miscellaneous, Greta referenced an article written by Chief Moody about the recent CIT training that was published in the Springfield News-Sun and also, a charitable donation was made by the Mental Health Foundation and MHRB to help fund the Living Alone and Aging Mastery Program operated by United Senior Services.*

## **FINANCE COMMITTEE**

*Lauren called on Julie Anthony, Presiding Chair, to give the Finance meeting report. Julie stated that the Finance Committee met on Friday, October 7, 2016 at 7:30 a.m. at the MHRB Administrative Offices, 1055 East High Street, Springfield, Ohio.*

*Julie stated that the first item on the agenda was a motion to approve the calendar year 2017 estimated revenue and appropriations to the county auditor's office. Julie had directed Mark Huff, Board staff, to review the documents supporting the motion. She stated that Mark highlighted changes to the projections over the course of the five years in summary for the three counties and also walked members through each of the three counties' five year projections individually.*

*Julie stated next that Mark reviewed the state fiscal year 2017 Revenue Sources attachment. The documents showed the revenue needed to support the budgeted expenditures for the current year and explained the various reports that broke down the revenue in different ways.*

*Julie then read the recommendation.*

***IT IS THE RECOMMENDATION OF THE FINANCE COMMITTEE THAT THE MENTAL HEALTH & RECOVERY BOARD OF CLARK, GREENE AND MADISON COUNTIES APPROVE THE CALENDAR YEAR 2017 ESTIMATED REVENUE OF \$15,253,559 AND APPROPRIATIONS OF \$15,848,477 TO BE SUBMITTED TO THE CLARK COUNTY AUDITOR'S OFFICE.***

***IT was MOVED BY ROGER ROBERTS, SECONDED BY HEATHER CORBIN TO APPROVE THE CALENDAR YEAR 2017 ESTIMATED REVENUE OF \$15,253,559 AND APPROPRIATIONS OF \$15,848,477 TO BE SUBMITTED TO THE CLARK COUNTY AUDITOR'S OFFICE.***

***MOTION CARRIED.***

*That concluded the Finance Committee meeting report.*

### **MISCELLANEOUS**

*Dr. Keferl stated that Wright State University (WSU) has been working with Think TV to generate modules for K-12 on democracy of the local process which can be found on their website. He also stated that WSU is a sponsor of a film called "As Ohio Knows" which will be aired tonight and Wednesday night at 9:00 p.m. He added that Narcan cannot be used forever. Lauren Ross described a recent conversation with a friend to help educate about the disease of addiction.*

*Roger Roberts stated that he has been collecting data for Madison County for its Substance Abuse Coalition and has been approached by law enforcement, EMT's and others in the community about the concept of Narcan and why it should continue to be used. Roger said that he pulled the number of diabetic complications runs that they go on as a comparison. He found that the numbers are astronomical that is, these repeat runs are very high. Roger said that when diabetics don't take care of themselves, then they need medical attention. He said the same thing happens to an addict. Roger stated that thinking needs to change because addiction is still being seen as a personal flaw. Linda said that there is some hopeful data with the Vivitrol program that the Board helps to support and she thinks there may be better acceptance in the population that has gone the criminal route compared to the use-disorder route. Scott Anger added that the Board retreat panel of medication treatment doctors was an excellent strategy to educate this treatment approach. He said this could be replicated. Board members added the importance of using recovery stories to illustrate that treatment is effective and needs to be celebrated.*

### **AUDIENCE PARTICIPATION**

*None.*

**BOARD MEMBER COMMENTS**

*None.*

**ADJOURNMENT**

**A MOTION WAS MADE BY LINDA GRIFFTH AND THE MEETING WAS  
ADJOURNED BY CHAIR, LAUREN ROSS.**

  
Kellie Phillips, Secretary

  
Michelle Humphrey, MHR Board Staff